Pneumothorax: An Important Cause of Anxiety

Pnömotoraks: Önemli Bir Anksiyete Nedeni

Pneumothorax

Banu Yoldaş, Figen Türk, Soner Gürsoy
Izmir Dr. Suat Seren Chest Diseases and Thoracic Surgery, Training and Education Hospital, Konak, Izmir, Turkey

To the editor:

We read the article of Yazkan et al. with great interest (1). Spontaneous pneumothorax is a common disease effecting escipecially young man who live their life more active. Various treatment methods have been offered in the literature. Some advice observation, simple aspiration as an initial therapy (2-4). But the risk of recurrence is a well known fact proven with the literature. All patients are informed in this direction. However in some patients this causes anxiety which results in a large number of unneccessary hospital applications. Yazkan et al. highlighted the importance of this topic in their series.

A 17 years old male patient was admitted to our hospital due to left sided spontaneous pneumothorax in 2015. After this date he applied to hospital 5 times without a serious complaint just because his anxiety. In 2017 he had a controlateral spontaneous pneumothorax treated with tube thoracostomy. After this time he applied two more times in a month. He asked for a computed tomography to different doctors and had three tomographies during this time. This patient is a good example of anxiety due to spontaneous pneumothorax. Out of such patients, we support the idea of Yazkan et al. marking “new surgical indication for spontaneous pneumothorax causing recurrent anxiety”. Escipecially thoracoscopic surgery might be a preferred approach in the first episode of spontaneous pneumothorax in young patients.

J Clin Anal Med 2013;4(2): 124-7

References

1. Yazkan R, Akpinar A. Could Recurrent Anxiety Be a New Surgical Indication For Patients with Spontaneous Pneumothorax? J Clin Anal Med 2013;4(2):124-7.
2. Li Z, Huang H, Li Q, Zarogoulidis K, Kougioumtzi I, Dryllis G et al. Pneumothorax: observation. J Thorac Dis 2014;6:421-6.
3. Kahraman H, Yormaz B, Tokur M, Köksal N. A Case of Spontaneously Resolved Bilateral Primary Spontaneous Pneumothorax. J Clin Anal Med 2015;6(3):380-1.
4. Kaneda H, Nakano T, Taniguchi Y, Saito T, Konobu T, Saito Y. Three-step management of pneumothorax: time for a re-think on initial management. Interact Cardiovasc Thorac Surg 2013;16(2):186-92.

DOI: 10.4328/JCAM.5011 Received: 06.04.2017 Accepted: 29.04.2017 Printed: 01.06.2017
Corresponding Author: Banu Yoldas, Izmir Dr. Suat Seren Chest Diseases and Thoracic Surgery, Training and Education Hospital, Konak, Izmir, Turkey.
T.: +90 2324333333 E-Mail: banuaktin@yahoo.com